

East Woodhay & Highclere Coronavirus Community Support



Highclere
Society



EWH Neighbourcare



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We are here for you – one number to have:

- prescriptions delivered
- shopping collected
- a friendly chat on the phone

01635 745 600

News from our Schools

From St Martin's Church of England Primary School:

Following government guidelines, we were delighted to welcome back a small number of children to St Martin's School on Monday 1st June. We have remained open throughout the lockdown to provide support for vulnerable children and those with parents/carers who are key workers, but school has been a very quiet place. This week, it has been lovely to hear the sounds of children learning, playing and having fun around the school. In order to try to keep everyone safe, school is very different and we have had to change many of our normal routines and practices, including introducing a staggered start and finish to the day. However, the children and staff are thoroughly enjoying being back!

We continue to provide support for those children not yet able to return through suggested learning activities, regular contact by email and phone and sharing staff films on our website, which have proven to be very popular. Our display of 'Rainbows of Hope' on our front fence still continues to grow and we love watching people stop as they pass to enjoy the art work and positive messages.



From St Thomas' Church of England Infant School:

'This week we have welcomed back some children in Year R and Year 1 to St Thomas'. Drop off and pick up times have been staggered within set time frames to ensure social distancing on and around the school site. The drop off time frame is between 8.35am and 9.05am each morning and pick up at the end of the day is between 2.50pm and 3.15pm. On a Friday pick up is between 12.45pm and 1.10pm.

From the Governors of Woolton Hill Junior School:

Woolton Hill Junior School has been busy during the past 10 weeks or more, providing support in school for our key worker children and on-line learning for those at home, and we are very grateful for all the efforts the school team have made to keep everything going. This week, we have been delighted to have our Year 6 children back in school and it has been clear that they have enjoyed seeing each other too. For those at home, on-line learning will continue until it is possible for them to return to school too. Please note some extended drop-off and pick-up times have been created to support social distancing so traffic around the school might be slightly longer than the previously normal times. If you have any questions regarding school arrangements please do contact the school office (*email adminoffice@whjs.hants.sch.uk*).

Safeguarding and Support for Youngsters

Single Parent:

It can be tough being a single parent, and even more so during lockdown, when usual support networks can be limited. For coronavirus updates and advice tailored to single parents, including co-parenting and child contact arrangements see: Gingerbread on [0808 8020925](tel:08088020925) or click [HERE](#) or CAFCASS Click [HERE](#)

Home schooling:

If you are struggling with home schooling, Starline is available to parents and carers of pupils from all schools. Free, confidential advice is available six days a week. Call [0330 313 9162](tel:03303139162) or Click [HERE](#)

Coaching Support and Help for Youngsters:

There is practical coaching, support and help for the challenges youngsters face today, especially those nervous of returning to school, from 'Champs Academy'. Click [HERE](#) for more details.

KS2, KS3, GCSE & A Level Support:

Free revision and help for KS2, KS3, GCSE & A Level exams with Seneca Learning. Click [HERE](#) for more details.

Covid-19 Latest News

We are probably all getting fed up with the restrictions on our daily life and want to get back to normal as soon as possible. But Covid-19 remains a dangerous disease for which there is currently no vaccination and no cure; no-one is immune. The chance of catching coronavirus is falling, which is good news, but we need to drive it much further down before Covid-19 is overcome.

We are aware that this is a lengthy article. However, guidelines and information are changing quite regularly and it is therefore worth reminding ourselves of what each of us can and should do to contribute to suppressing the pandemic. This is not definitive but is intended to serve as a useful summary. For more detail click [HERE](#) for the NHS website.

Have you caught Covid-19?

If you think you might have symptoms of coronavirus (COVID-19), however mild, a high temperature a new, continuous cough, a loss of, or change to, your sense of smell or taste, check the NHS website. [HERE](#)

If you have symptoms, the clear medical advice is to immediately self-isolate at home for at least 7 days from when your symptoms started. Do not go to a GP surgery, pharmacy or hospital. You should arrange to have a test to see if you have COVID-19. Click [HERE](#) for details on how to arrange this.

Consider alerting the people that you have had close contact with in the last 48 hours to let them know you have symptoms of coronavirus COVID-19.

If you live with others and you are the first in the household to have symptoms of coronavirus (COVID-19), then you must stay at home for at least 7 days. All other household members who remain well must stay at home and not leave the house for 14 days. The 14-day period starts from the day when the first person in the household became ill.

Staying at home for 14 days will greatly reduce the overall amount of infection that people in your household could pass on to others in the community.

You should stay as far away from other members of your household as possible. It is especially important to stay away from anyone who is clinically vulnerable or clinically extremely vulnerable with whom you continue to share a household.

If you are free from symptoms it is still important to avoid catching or spreading the disease to others, so follow these simple guidelines:

- stay at home as much as possible
- limit contact with other people
- keep your distance if you go out (2 metres apart where possible)
- wash your hands regularly
- work from home if you can

Covid-19 is much less contagious out of doors rather than indoors, so you can:

- spend time outdoors, including private gardens and other outdoor spaces, in groups of up to six people from different households, following social distancing guidelines
- visit car showrooms and outdoor markets
- in line with the arrangements made by your school, send your child to school or nursery if they are in early years, reception, year 1 or year 6, if you could not before
- you can exercise or play sport in groups of up to six people from other households but should only do so where it is possible to maintain a 2-metre gap from those you do not live with.

You should not:

- visit friends and family inside their homes
- pass each other food or drink unless you live together. You should not use plates or utensils that someone from another house has touched - either bring your own or ensure you have thoroughly cleaned them before using. Wash your hands frequently and thoroughly for at least 20 seconds and use disposable towels if possible.
- If you are in someone else's garden, you must not go inside to help the host carry the food out or to help with the washing up.
- stay overnight away from your own home, except for in a limited set of circumstances, such as for work purposes
- exercise in an indoor sports court, gym or leisure centre, or go swimming in a public pool
- use an outdoor gym or playground
- gather outdoors in a group of more than six (excluding members of your own household)
- use public transport unless it is unavoidable. Instead try to walk, cycle, or drive. If you do travel, thinking carefully about the times, routes and ways you travel will mean we will all have more space to stay safe. Current government advice is also not to travel abroad.
***NB:** Transport operators in England have been asked to make wearing face coverings a requirement of using public transport from 15 June to coincide with the next stage of carefully easing restrictions. Bus, coach, train, tram, ferry and aircraft passengers must wear a face covering on their journey to help reduce the risk of transmission when social distancing is not always possible.*
Face coverings are not the same as face masks. It is important that people do not use medical grade PPE masks to ensure these remain available for frontline staff.
- share a private vehicle with members of another household as you will not be able to keep strict social distancing guidelines.

There are specific recommendations for the over 70's and those who are particularly vulnerable

Those aged 70 and over can be absolutely fit and healthy and it's not the case that everybody over 70 has a chronic health condition or an underlying disease.

But unfortunately, we also know that as you get older, there is a higher risk of coronavirus having a more serious impact with infection. The advice for those aged 70 and over continues to be that they should take particular care to minimise contact with others outside their household.

If you do go out more frequently, you should be careful to maintain distance from others.

People who are shielding remain vulnerable and should continue to take precautions but can now leave their home to spend time outdoors with members of your own household. If you live alone, you can spend time outdoors with one person from another household. Ideally, this should be the same person each time.

If you do go out, go when there are fewer people about, like early in the morning, and avoid going into enclosed spaces and other households, shops and buildings. You should take extra care to minimise contact with others by keeping 2 metres apart.

Going to work

If you can, work from home. Employers should make every effort to support working from home, including by providing suitable IT and equipment as they have been already. Where work can only be done in the workplace, tailored guidelines for employers to help protect their workforce and customers from coronavirus while continuing to trade have been published, developed in consultation with businesses and trades unions.

Currently back at work in addition to critical workers like health staff are, supermarkets, those in construction and manufacturing, those working in labs and research facilities, those administering takeaways and deliveries at restaurants and cafes, tradesmen, cleaners and others who work in people's homes and those who are facilitating trade or transport goods.

It's the intention to reopen non-essential retail from 15 June, but only provided the five government tests are still being met and shops have been made 'Covid secure'. Some businesses (like pubs, cinemas or hairdressers) will not open until later and the government's current planning assumption is that this step will be no earlier than 4 July and subject to further detailed scientific advice, provided closer to the time, on how far we can go. When they do reopen, they should also meet the COVID-19 secure guidelines.

Further, more detailed guidance

Covid 19 symptoms – Click [HERE](#)

Coronavirus FAQ's – Click [HERE](#)

Staying alert and social distancing - Click [HERE](#)

Test and trace – Click [HERE](#)

Shielded people – Click [HERE](#)

Travel – Click [HERE](#)

Safe working – Click [HERE](#)

Stay alert. Stay safe

From the Rector: Revd Canon Christine Dale

It is so wonderful to see the continued community response of compassion and support in this time of need. It continues to be so important that we care for one another and be aware of each other.

It has been so encouraging to hear positive news from our schools and to know that some children have been able to return this week. Thank you to our schools for all their work during these difficult days.

During June we will continue to hold our services online. Last Sunday 55 folk joined us for worship for the festival of Pentecost. With thanks to Mary Herbert we had a new Pentecost 'Come Holy Spirit' banner to be the backdrop to our service (*see photo alongside*)!

This coming Sunday (7th June) is Trinity Sunday and we are online for a Family Service at 9.30am and at 11.00am for Holy Communion. If you would like to join our e-mail circulation for details and joining codes for services please send your e-mail address to me (contact details below).



with every blessing to you all
Revd. Canon Christine Dale

The Chase – Latest news

As reported in this week's Newbury Weekly News – A sign on the entrance gate reads: 'Please do not enter – site closed due to major pollution incident. Clear up in progress.'

Here is the latest news from Hollie Ryan (The Chase Visitor Experience Manager) which was received today.

'The Chase update is that unfortunately there has been a slight delay with the sampling results, most likely due to reduced capacity in labs with the lockdown so we haven't had the report back yet. We need this report to be issued before we can confirm the timings for when we can re-open the site.

Once the report is with us we will review its contents with our health and safety consultants and inform everyone of when the site will be open. I am so sorry to keep you waiting but we have to know it is safe before we can let the public back in.'

Garden Waste – Collections Starting

Garden waste collections are restarting from Monday 15 June 2020 for existing customers. All customers will soon be receiving a letter confirming their exact details.

Shopping & Deliveries

Yew Tree Garden Centre: *Latest news from today:*

More deliveries arrived late yesterday. Bedding plants, herbs, herbaceous perennials and this morning we received our Friday delivery of freshly baked bread.



The Rural Supply - Lots of locally sourced produce which in turn helps so many small businesses. It is click and collect at Hungerford - no contact, no queues & safe. New this week: Local wild boar & apple sausages, pork pies & amazing ready meals. Click [HERE](#) for details

The Coffee House – (who support the village market) coffee (beans, ground) and both available in decaff. They can be dropped off in Woolton Hill, Highclere or Ball Hill in a responsible and safe manner, or you can pick up from Brenda's in Brimpton. She will give you the address when you make contact. Phone numbers are: Jonny 07972 684 204. Brenda 01189 712 850

The Rural Pie Company are delivering on 20th June – Click [HERE](#) for detail.

Woodland Stores 01635 253651 and **Woolton Hill Stores/Post Office** (253463) are both well stocked, selling bread and cakes from Halls Bakery.

Regular Food Outlets & Takeaways:

The Rampant Cat – Woolton Hill for takeaway Click [HERE](#)

Red House – Highclere for takeaway 01635 255 531 Click [HERE](#)

The Pheasant – Highclere, 01635 253360 Click [HERE](#)

The Blue Dolphin at Wash Common is open for collections Tues – Sat. Order on line [HERE](#)

Lusso pizza and ice cream, 01635 32128 Click [HERE](#)

Andrew North, **Fresh Fish**, car park - Highclere Red House at 2.30ish every Friday afternoon

Mio Fiore in Newbury takeaway service Click [HERE](#)

Fancy **in home dining** then John at Click [HERE](#)

Honesty bakery & cafes - for takeaways. For more details click [HERE](#)

Quizzes & Games

FUN QUIZ on OUR AREA – Please join in and support - The East Woodhay Society fundraiser for YPACF !

Local photos, Local History and Photos of Household Items

East Woodhay Society is proud to support the efforts of Young People and Children First, as they provide accommodation, life skills and 'a Bridge to Independence' for young care leavers.

We are hosting an online quiz to test your local knowledge over 10 days in June. We ask you to donate £5 to take part.

Donate £5 [here](#) and put your name and 'QUIZ' in the comments. (*please note – you cannot claim gift aid on a quiz entry*)

Then email eastwoodhaysociety@gmail.com and you will receive a few questions by email each day for 10 days from June 10th. Specific details will be in the email.

There will be prizes... Thank you!

Activities

For the whole family – learn circus skills - Juggling with your feet, skipping tricks, wire walking and more in a series of 10 minute videos Click [HERE](#)

For Children – All things Dinosaur! Crafts and quizzes, films and fun facts, Click [HERE](#)

For Children – design a poster for Whitchurch Silk Mill's 'Save the Mill' Campaign, email a photo of your entry to info@whitchurchsilkmill.org.uk with your name and age by 8th June.

For Children –The Summer Reading Challenge, encourages children aged 4 to 11 to enjoy the benefits of reading for pleasure over the summer holidays. Click [HERE](#)

For older children / teens - Interested in Theatre Set Design? Walk through the principles and create your own model set with these guidelines from the Watermill Theatre Click [HERE](#)

Adults - Learn a new skill – Hampshire Cultural Trust offers a range of on-line courses – some free, others are bookable at low cost. Try a free introduction to crochet [HERE](#)

Music Lessons - Hogan Music in Newbury are currently offering online music lessons via Zoom for Guitar, Violin, Piano, Drums, Saxophone, Flute, Clarinet, Vocals to name a few. To find out more click [HERE](#)

Watch free live stream performances

- Live music from **Royal Albert Hall** at home – performances across a broad range from classical to Brassed Off to Rufus Wainright available [HERE](#)

- from the **National Theatre** – Coriolanus starring Tom Hiddleston available on YouTube from Thursday evening 7pm. To find out more, click [HERE](#)

Next Newsletter

The following newsletter will be issued next week. You can request to receive this newsletter directly by registering via the website Click [HERE](#)

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Highclere Society



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